



# MONTROSE BAY HIGH SCHOOL CANTEEN MENU 2024 BREAKFAST MENU

ALL TOASTIES MADE WITH EXTRA THICK CUT BREAD

TOASTED SANDWICHES		ROLLS OR FOCOCCIAS (50C EXTRA)	
HAM	4.00	BREAKFAST ROLL	6.00
HAM & CHEESE	4.50		
HAM, CHEESE & TOMATO	5.00		
HAM, CHEESE & PINEAPPLE	5.00	THICK CUT FRUIT TOAST X 1	1.50
CHEESE	4.00	THICK TOAST & VEGEMITE	1.50
CHEESE & TOMATO	4.50		
CHEESE & VEGEMITE	4.00		
CHEESE & PINEAPPLE	4.50	HASH BROWNS	1.50
CHICKEN	5.00	GARLIC BREAD	2.50
CHICKEN & CHEESE	5.50	CHEESY GARLIC BREAD	3.50
CHICKEN, CHEESE & TOMATO	6.00	HOT CHOCOLATE	2.00
CHICKEN, CHEESE & PINE	6.00		

all breakfast items available to order for recess and lunch

## RECESS AND LUNCH

HOT CHEESE ROLL	5.00	CHICKEN BURGER	5.00
HOT HAM & CHEESE ROLL	6.00	CHEESEBURGER	6.50
BREAKFAST ROLL	6.00	CHICKEN DELUXE BURGER	6.50
CHICKEN & GRAVY ROLL	6.00	TOASTED CHICKEN WRAPS	7.00
HOT CHICKEN, CHEESE & MAYO ROLLS	6.00	CHIKO ROLL	3.50
NATIONAL MEAT PIE	5.50	MINI SPRING ROLL	2.00
NOODLE CUPS	3.50	EXTRA GRAVY	1.00
		HOT WYNGZ	1.50
POTATO WEDGES MED	5.00	GARLIC BREAD	2.50
LARGE	7.00	CHEESY GARLIC BREAD	3.50
HOT DISH OF THE DAY MED	6.00	CHICKEN NUGGETS	3 FOR 2.00
LARGE	7.00	HOMEMADE SOUP	3.00
		POTATO CAKES	1.50
*VARIOUS SALAD ROLLS	7.00		
ASSORTED SANDWICHES	6.00	LOLLIE BAGS	1.00
CHICKEN CAESAR SALAD	7.00	CHOCOLATE BARS	2.50
CRUMBED CHICKEN WRAPS	7.00	CHOC CHIP BISCUITS	3.00
SPICY CHICKEN WRAPS	7.00		
NACHOS	7.00	POTATO CHIPS	2.50

SEASONAL FRESH FRUIT AT MARKET PRICES

## ICE CREAMS AND DRINKS

QUELCH ICY FRUIT STICKS	1.50	NIPPYS MILK	4.50
DIXIE CUP ICECREAMS	2.00	500ML CLASSICS	5.50
FROZEN YOGHURT	3.50	HARTZ 600ML WATER	1.00
		POP TOP JUICE	3.00
HARTZ INFUSED FLAVOURS WATER 750ML		4.00	

## HOT DISH MENU

ONE CHOICE DAILY AVAILABLE WED/THU/FRI

BOLOGNESE PASTA BAKE  
STIR FRY CHICKEN WITH NOODLES  
CHICKEN SATAY & NOODLES  
FRIED RICE  
LASAGNE  
SLOW COOKED BEEF AND MASH  
MEXICAN BEEF WITH TACO SALAD  
HONEY TERIYAKI STIR FRY NOODLES

SPAGHETTI BOLOGNESE  
BUTTER CHICKEN & RICE  
POTATO BAKE  
CHICKEN PENNE PASTA BAKE  
MAC AND CHEESE  
SHEPHERDS PIE  
SWEET & SOUR PORK & RICE  
TUNA MORNAY & RICE

## SALAD VARIETIES

\*ALL SALADS ARE AVAILABLE AS A PLATE, ROLL, WRAP, FOCACCIA OR SANDWICH.

WHITE, WHOLEMEAL OR MULTIGRAIN BREAD

ALL SALADS CONTAIN LETTUCE, CHEESE, TOMATO, CAPSICUM, CUCMBER, EGG, BEETROOT AND CHEESE

AVAILABLE MEAT OPTIONS ARE HAM, CHICKEN, ROAST BEEF, ROAST PORK, TUNA, OR SALMON

WE CAN ADD OR REMOVE ANY INGREDIENTS TO YOUR LIKING IF YOU ORDER IN ADVANCE

OTHER OPTIONS AVAILABLE TO ADD ARE AVOCADO, MUSHROOM, ONION

SEASONAL SALAD DISHES ARE ALSO AVAILABLE

COLESLAW, FRUIT SALAD, PASTA SALAD, ASIAN NOODLE SALAD

WHY NOT COME DOWN TODAY AND ORDER YOUR CUSTOMIZED SALAD



prices subject to change



